

Consider Becoming a Member of Mended Hearts

Mended Hearts offers several levels of membership, designed to meet your needs and interests. Please take a moment to familiarize yourself with these levels and their respective benefits before filling out our membership application. **Starting in 2021, Mended Hearts National has updated the By-Laws to preclude local Chapters from charging dues. This will result in a budgetary shortfall for Chapter 200 and we are asking members to make a voluntary donation to support the Pillow Program, newsletter, and to cover other ongoing expenses.**

A. Associate membership (free - no cost)

- Can attend any chapter meeting for MH or MLH
- Can join online communities
- Can access Member Portal
- Receives the National News e-newsletter

B. Full membership annual (\$20 National dues) This is for individuals only.

- All of the above, PLUS
- Membership card
- Car decal (MH or MLH)
- 5% off (one time) of merchandise from the MH & MLH online store
- One-year annual subscription to *Heartbeat* magazine (\$30 value)

C. Family membership annual (\$40 National dues) (for members of one household with one mailing address only)

- Same as the Full membership PLUS receive another car decal of their choice and membership cards for all members of the family. Each family member would receive the 5% (one-time) offer, but they can only use one discount per order.

D. Bronze membership annual (\$45 National dues) per individual or (\$75 National dues) per family

- Same benefits as full membership PLUS
- 5% off registration of any National (not regional) MH or MLH conferences and/or Symposia
- Membership pin
- Choice of Drawstring Backpack or Mended Hearts/Mended *Little* Hearts notecards (one pack of 10)

E. Silver Membership annual (\$100 National dues) per individual

- All of the Bronze Membership benefits PLUS a Stainless Travel Mug

F. Gold Membership annual (\$250 National dues) per individual

- All of the Silver Membership benefits PLUS
- A red fleece blanket
- 10% off registration at National conferences and CHD Symposiums

G. Heart of Gold Lifetime Sponsor onetime donations (\$1500 National) per individual

- All of the above benefits for life (with 15% off at National conferences) and recognition in *Heartbeat* magazine and on our website (listing of Heart of Gold)

Join online at www.mendedhearts200.org or by mail at:

Mended Hearts Inc.
Northern Virginia Chapter 200
PO Box 897, Annandale, VA 22003

√	Membership Type	Dues (Circle One)
	Associate	Free
	Full-Individual	\$20
	Full-Family	\$40
	Bronze-Individual	\$45
	Bronze-Family	\$75
	Silver-Individual	\$100
	Gold-Individual	\$250
	Heart of Gold	\$1500
	Chapter Donation	
	Total	

Name: _____
(Last Name) (First Name)

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____